

Wisdom of the Season

A woman with long dark hair, wearing a dark blue winter coat with a thick, light-colored fur-lined hood and patterned mittens, holds a lit sparkler in front of her face. She is looking directly at the camera. The background is a warm, out-of-focus bokeh of yellow and orange lights, suggesting a festive outdoor setting at night.

Practices

Bell Ringers

Writing Prompts

Discussion Starters



Quotes



Blessed is the season which engages the whole world in a conspiracy of love. – H. W. Mabie



To appreciate the beauty of a snow flake, it is necessary to stand out in the cold. – unknown

A person wearing a white winter hat and sunglasses is shown from the chest up, throwing a large amount of white confetti or snow into the air. Their hands are raised, and the particles are captured in mid-air, creating a dense, sparkling cloud. The background is a blurred forest with green and brown foliage, suggesting an outdoor setting. A semi-transparent grey banner is positioned across the lower half of the image, containing the word "Questions" in a black serif font.

Questions



What have or can you learn from winter?





Practices



Practice active listening: first and foremost people want be heard.

Practice letting go: expectations often get in the way of simply enjoying the moment, as it is.

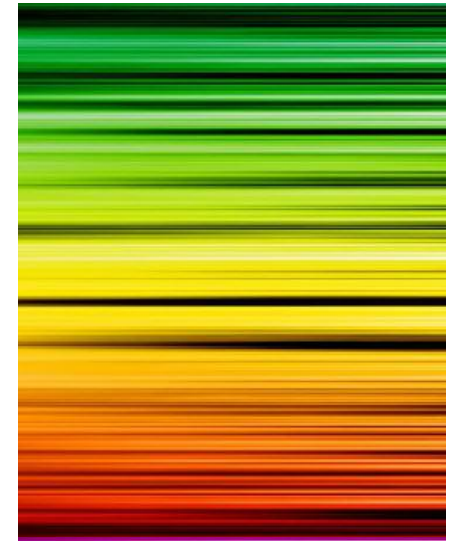




Extras



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